

Welcome Information

Please ensure you have read the COVID-19 Training pack in addition to this document, found on the club website underneath the instruction video.

GYM MARK ACCREDITATION

British Gymnastics has approved Revolution as a Safe, Effective, Child Friendly Club and previously nominated us as a candidate for the prestigious 'Club of the Year Award'



STAFF

All coaches and helpers have completed a DBS (criminal records check), have attended training for safeguarding children and hold BG Membership insurance along with relevant coaching qualifications to enable a safe friendly environment.

JOINING FEES/ INSURANCE:

Club Membership/ Joining Fee - £28 (NON COMPETITIVE)

All members must pay an annual fee: Sept – Sept. This DOES NOT apply to drop in sessions.

Price decrease to £20 in June, July.

Break-down: £8 club funds / £19 British Gymnastics Insurance / £1 West Midlands Amateur Gymnastics Association

Register with British Gymnastics once you have paid us: www.british-gymnastics.org If you are new in August DO NOT register until the end of September so that your Membership payment is valid for the following insurance year and not the tail-end of this year.

TRAINING FEES

The more hours of training you pay for, the more the hourly rate decreases in price! Many of our members train more than once per week. Check out 'Prices/ Fees' on our website.

All classes are billed monthly on 1st using our PaySafe system

PaySafe check-list...

- ✓ Registered a working debit/ credit card at reception.
- ✓ Verified your email address. Consent to 'email campaign' so that we can contact you with important updates.
- ✓ Fully understand & digitally sign the 'compulsory consent form' and 'GDPR consent' which will also be emailed to you.
- ✓ Understand that if payments fail to process due to insufficient funds that an administration fee will be applied.
- ✓ Understand that you must notify reception of any expired card details, contact information and medical information.

CENTRE CLOSURES

Fees are calculated based on 47 weeks of the year, split across 12 monthly instalments.

2021

- Fri 2nd Apr - Thurs 8th Apr
- Mon 26th July – Sun 8th Aug
- Wed 22nd Dec – Tues 4th Jan 2022.

2022

- Tues 12th Apr - Mon 18th Apr
- Mon 25th July - Sun 7th Aug
- Wed 21st Dec - Tues 3rd Jan 2023

ATTENDANCE / LATENESS

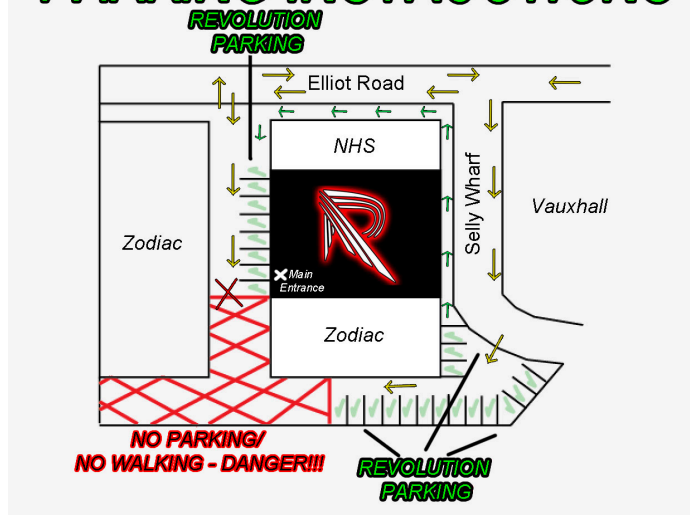
"Late" is defined as one minute past the start time of the session. **Session coaches will refuse entry to gymnasts who turn up to sessions late.** At the start of the session, all participants will be taking part in a physical and psychological warm up; this is vital and must be undertaken prior to participating in the session fully. Please allow enough time for traffic, parking and changing of clothes prior to the start of the session.



RGC GYMNASTICS
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Selly Oak
Birmingham
B29 6LR

Office - 0121 472 5559
info@revolutiongymclub.co.uk
www.revolutiongymclub.co.uk

PARKING INSTRUCTIONS



PARKING

Parking can sometimes be found at the front of our unit, however you will be better off finding parking in our rear car park which can be accessed using the road directly behind our unit (Selly Wharf) or finding street parking. Please **DO NOT** park on the other units (unless it's after 5.15pm or on weekends) and please **DO NOT** double-park at the front of our unit.

DRESS CODE

PLEASE NOTE – As a participating parent in a Catterpillar or Butterfly session, dress code applies for the safety of your child and yourself.

- All participants **must wear** shorts or tracksuit bottoms and a t-shirt, however, if your child does have a leotard they are more than welcome to wear it but it is not a compulsory. For Intermediate+ leotards/ unitards must be worn for safety and to aid the quality of coaching.
- Socks must be worn for trampolining sessions.

If participants attend wearing inappropriate clothing i.e. Jeans, combat trousers, dress shirts, clips, buckles etc; or no socks for trampolining - entry to the session will be refused.

- No outdoor footwear is to be worn into the gym bare feet are required, socks for parents in Pre School sessions. If a participant has any long-term medical conditions regarding their feet, gym shoes must be worn (*even if verruca's are being treated*).
- Please ensure long hair (*longer than chin*) is **always** tied back as this is a safety issue and entry will be refused if hair is not tied back upon request, including male members.
- Please ensure all jewellery is taken off before the start of the lesson, if coaches see participants wearing jewellery they will ask for it to be removed and either given back to parents or left in the gymnasium to be collected at the end of the lesson. Jewellery that is left in the gymnasium is left at the owners risk and is not the responsibility of the coaches or Revolution Gymnastics Club.

AIMS / OBJECTIVES

- To provide safe, enjoyable and progressive gymnastics experiences to all ages and levels of ability whilst providing opportunities for recreation and competition.
- To promote the club within the local community and Gymnastics.
- To provide high quality duty of care to all members of the club.
- To ensure that all current and future members receive fair and equal treatment

All other relevant policies, procedures can be found on the website (www.revolutiongymclub.co.uk) or on our noticeboards.

We look forward to having you as part of the team!

REVOLUTION GYMNASTICS CLUB

